

Cardiff Alexander Technique Services booking form Summer 2010

The Alexander Studio

75 Kimberley Road, Penylan, Cardiff, CF23 5DL

Lynne Cartlidge tel 029 2063 7200

5 Introductory classes £70

Tuesdays: 8 June - 6 July, 7.00pm - 8.30pm

Thursdays: 10 June - 8 July, 2.15 - 3.45 pm

Ongoing classes in 5 week blocks £70

Mondays: 19 April - 24 May, 7.00pm - 8.30pm

Amesbury Road Teaching Rooms

34A Amesbury Road, Penylan, Cardiff, CF23 5DW

Tim Kjeldsen tel 029 2045 8988

5 Introductory classes £70

Thursdays: 22 April - 19 May 7.00pm - 9.00pm

Ongoing classes in 5 week blocks £80

Tuesdays: 20 April - 18 May 7.00pm - 8.30pm

To book, please mark a course and send this form with the fee to, CATS, 34a Amesbury Road, Cardiff CF23 5DW.

Please make cheques payable to your course tutor.

Name.....Address

Postcode.....Telephone.....Email.....